

**Troy Parks and Recreation** 

# Friendship Club

For persons 13 and up unless otherwise specified.

Activities are held at the Troy Community Center, 3179 Livernois, Troy MI 48083, (248) 524-3484, unless otherwise noted. Staff will try their best to meet everyone's needs, but if behavior problems persist we will ask you to provide your own aid, at your expense, or ask you to withdrawal from the activity.

## 

#### January/February 2008

**DEAR PARENTS & FRIENDSHIP CLUB MEMBERS:** I hope that everyone is looking forward to a happy holiday season and a great new year!

Our trip to Splash Universe is fast approaching. If you have not registered yet you have until January 25<sup>th</sup> to register for Act. #145345A. The trip is Feb. 10-11, 2008. Information packets for the trip will be in the mail after the Jan. 25<sup>th</sup> deadline.

Our second session of Basketball is set to begin on January 8. Some spaces still remain. Register for Act. #145343B. As I only heard from one participant that they would like a second day of the Daytime group, we will not be adding a second day at this time. If you have any questions please email me at E. Torvinen@troymi.gov or call the Community Center at 248-524-3483. Thanks.

Elaine Torvinen

#### **JANUARY**

#### **MONDAY, January 7 DINERS CLUB**

The restaurant this month will be at **The Moose Preserve** at 43034 Woodward Ave. Bloomfield Hills Mi 48302 248-858-7688.

Activity # 135307F riding in Troy Vans or 135307FF (own transportation)

**Time**: 6-8:15 p.m.

Location: 135307F Meet at Troy Community Center at 6pm. 135307FF meet at the Restaurant at 6:30pm

Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

FRIDAY, January 11 - FRIDAY FROLIC -For persons 16 and up. Join us and bring a friend!!! Reservations are

not required.

**Time:** 7:00 - 9:30pm

**Location:** Troy Community Center

Cost: \$4.00 NO PRE-REGISTRATION REQUIRED

#### MONDAY, January 14- MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie for this month will be "Ratatouille".

**Time:** 6:30-8:30 pm

**Location:** Troy Community Center

Cost: \$4.00 (includes movie, drink, and a pizza snack). NO PRE-REGISTRATION REQUIRED

#### **MONDAY, January 28- BINGO NIGHT**

Prizes will be given to the winners, and we will break for refreshments.

**Time:** 7-8:30 pm

**Location:** Troy Community Center

Cost: \$4.00 NO PRE-REGISTRATION REQUIRED

#### **FEBRUARY**

#### **MONDAY, February 4-DINERS CLUB**

The restaurant this month will be at **TGI Fridays** at 591 W. Big Beaver Rd Troy MI 48084 248-524-9489.

Activity # 135307G riding in Troy Vans or 135307GG (own transportation)

**Time**: 6-8:15 p.m.

Location: 135307G Meet at Troy Community Center at 6pm. 135307GG meet at the Restaurant at 6:30pm Cost: \$22 – includes dinner, beverages, tip, chaperones and transportation from the Community Center.

FRIDAY, February 8 - FRIDAY FROLIC -For persons 16 and up. Join us and bring a friend!!! Reservations are

not required.

**Time:** 7:00 - 9:30pm

**Location:** Troy Community Center

Cost: \$4.00 NO PRE-REGISTRATION REQUIRED

#### MONDAY, February 11 - MOVIE AND PIZZA

Join us for a movie and pizza snack at the Community Center. The movie for this month will be "High School Musical 2"

**Time:** 6:30-8:30 pm

**Location:** Troy Community Center

Cost: \$4.00 (includes movie, drink, and a pizza snack). NO PRE-REGISTRATION REQUIRED

#### **MONDAY, February 25 - BINGO NIGHT**

Prizes will be given to the winners, and we will break for refreshments.

**Time:** 7-8:30 pm

**Location:** Troy Community Center

Cost: \$4.00 NO PRE-REGISTRATION REQUIRED

#### **Thursday Daytime Friendship Club**

This camp for ages 18 and older meets every Thursday from 10 am to 3 pm (except holidays as noted) at the Troy Community Center with many fun activities brought to you by Kathy Martin and staff. Activities will be revised based on your requests, and we are always open to your suggestions.

The fee is \$68 per month for July 2007- June 2008. Pre-registration is required and you must register for the entire month. Register early!!! Space is limited. If you wait until the first Thursday of the month to register the program may be filled. You can register now for any month through June of 2008. Please let us know if you have any questions. You can call Elaine Torvinen at the Community Center 248-524-3484 or email E.Torvinen@troymi.gov.

We ask that interested new participants attend with a family or staff member on a Thursday prior to registering to check out the program and give staff time to ask questions to ascertain the needs of the participant. This will also give ample time for all necessary paperwork to be completed before enrolling. Thanks for your cooperation.

The activity numbers for this season are as follows:

January (135302G)

February (135302H)

March (135302J)

April (135302K)

May (135302L)

June (135302M)

Staff will try their best to meet everyone's needs, but if <u>personal daily living needs or behavior problems persist</u> we will ask you to provide an aide or withdraw from the program. Aides are not required to pay the \$68 fee

# but must pay for meals, admission fees for field trips and other incidentals. Please come prepared to pay the appropriate fee. A receipt can be issued for reimbursement purposes.

A 25% subsidy is available to low-income Troy residents who meet the following guidelines: 1 person household - annual income of \$24,450 or less; 2 person household - annual income of \$27,950 or less: 3 person household - annual income of \$31,450 or less. Please call 248-524-3484 for information on larger household sizes. Applicants for financial aid must fill out a confidential application and submit it at the time of registration. Please call 248-524-3484 and we will mail an application to you.

Transportation for Troy residents may be available through Troy Medi-Go Plus. Call 248-457-1100 for reservation information. There is no charge for Medi-Go, but donations are accepted.

#### Thursday's Schedule

#### **Morning -** Gym

**Lunch** – For the first two weeks of each month, lunch will be provided. The first week we will be go out to lunch at a local restaurant. The second week, we will be having a pizza lunch with salad and pop. For the remainder of the month we ask that you please bring a sack lunch.

**Afternoon -** The activities planed for the afternoon include walks outside, dancing, movies, games, playing pool, ping pong and more!!!

#### **Basketball**

The program will be two hours long and there will be four teams. Join coaches Courtney Dalley and Angna Shah for a fun season! The four teams will practice together for the first few weeks and then play against each other and have playoffs. On the first day of basketball, a more detailed letter will be passed out.

Act#	Day	Time	Location	Fee	<b>Begins</b>	Ends
145343B	Tuesday	6:30-8:30 p.m.	Community Center	\$52	Jan.8	Mar.11

#### My Chance To Dance

Winner of 2002 Governor's Amateur Athletic Event Award, this dance/exercise program presented by C.C. Plus includes circle dances, party dances, line dances, fun music and great exercise. The program is specially choreographed to avoid failure and build success. Wheelchairs and walkers welcome! **Payment should be made to the instructor at class.** The fee is \$5 per class for drop in or \$35 for eight classes paid in advance.

Day	Time	Location	Begins	Ends
Thursday	7-8 p.m.	Big Beaver Church	Sept. 13	April 24
		3753 John R south of Wattles		



<u>Team Troy Special Olympics Parent's Page</u> (248) 524-3484 3179 Livernois Troy, MI 48083

Anyone needing information regarding health forms can contact the Special Olympics office at (586) 731-0922.

Good News! Special Olympics swim will start on Saturday, January 5, 2008 at 10:30am (NO EARILER) until noon at Athens High School. Please make sure that your athlete's health form is up to date. You can do this by calling the Special Olympics office, Julie

Brown at 586-731-0922. This will now be the responsibility of the athlete's family or guardian. I will also need a copy of any new or renewed heath forms in order for the athlete to swim at practice. Or bring the original and I will copy it for you. If you are new to our team, or if you are NOT returning this year, please call Jo Rexin at 248-689-5585. We also require a parent or designated person to be present at practice. REASON- practices ending early, pool problems, information distributed, accidents etc. Thanks.

#### ON GOING EVENTS

**Basketball** Tuesday evenings fall and winter at the Troy Community Center for persons with developmental

disabilities. Pre-registration is required. Minimum age: 16.

Bowling Saturdays (except holiday weekends and July and August) from 11 a.m - 1 p.m. at Troy Lanes (Square

Lake west of John R). **§5 per week includes shoes and three games**. Drop-in. Minimum age: 10.

**Daytime Friendship Club** Meets at the Community Center every Thursday from 10 a.m. - 3 p.m. Activities include sports, field

trips, movies, games and more. \$68 per month. Pre-registration is required. Minimum age: 18.

**Diners Club** Meet at the Community Center on the first Monday of each month and travel by van to a local

restaurant for dinner. Pre-registration is required. Minimum age: 16.

Friendship Club For teens and adults with developmental disabilities, this club meets on the second and fourth Monday

evening at the Troy Community Center. The second Monday is Movie and Pizza night and the fourth

Monday is Bingo night. Reservations are not required. Minimum age: 13.

**Friday Frolic** This dance for teens and adults with developmental disabilities is held on the second Friday of each

month (except July and August) at the Troy Community Center from 7-9:30 p.m. The fee is \$4 at

the door. Reservations are not required. Minimum age: 16.

**My Chance to Dance** Thursday evenings from 7-8pm at the Big Beaver United Methodist Church September – April.

Minimum age13. More information in September newsletter.

**Performing Arts Club** For teens and young adults with developmental disabilities. Wednesdays (except the 3<sup>rd</sup> Wed.) from

7-9 pm at the Troy Community Center. A donation of \$2 per week is requested. Co-sponsored by the Italian Study Group of Troy. For more information, call Denise at 248-585-5246. Minimum age: 16.

**Soccer League** Spring and fall soccer is offered by the Troy Youth Soccer Ability League for physically and

developmentally disabled ages five through 26. Teams are formed by age and ability. Call TYSA

248-524-0170 for information.

**Softball** A Thursday evening league for teens and adults with developmental disabilities plays against other

cities in Oakland County May through August. Practices are held on Tuesday evenings. Pre-

registration required. Minimum age: 16.

**Special Events** Countywide special events are offered by Oakland County Parks for people with cognitive and

physical impairments. Call (248) 858-7596 to receive the Oakland County Parks newsletter.

**Special Olympics** Team Troy Special Olympics participates in swimming, track and field, and golf. Watch for

information in this newsletter. Minimum age: 8.

Weight Watchers Thursdays at 6:15 pm at the Troy Community Center. The fee is .50 per week plus a \$1 initiation fee.

Braille is available. Persons accompanying a program participant may participant for the same fee. Cosponsored by the ARC. Call Sharon Connelly at 248-816-1900 for details. Minimum age 13.

Wheelchair Sports For men and women 18 and older with physical disabilities. Friday evenings at Boulan Middle

School, September through March. Call Oakland County Parks at 248-858-7596 for details.

#### **Mail-In Registration Form**

#### All patron requested refunds are subject to a \$10 cancellation fee.

**RELEASE OF LIABILITY:** I hereby voluntarily release and hold harmless the City of Troy and the Troy School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Name of Participant:	Activity #(s):		
Address:	Phone:		
Signed:	Date:		

ENCLOSE REGISTRATION FEE (checks payable to: City of Troy) along with this waiver form and mail to: Troy Parks and Recreation, 3179 Livernois, Troy, MI 48083.

To register online, go to <a href="www.ci.troy.mi.us">www.ci.troy.mi.us</a> and click on the green Parks and Rec Registration button on the home page. Enter your household number for username (find this number near the bottom left side of previous receipt or call 248-524-3484) and the last name of head of household for password. On the next screen, click on SHOP and then ACTIVITY ENROLLMENT. You can only register people in your own household.



# **DEE-TROIT BASKETBALL**

Come along as we cheer on the Pistons when they take on the Dallas Mavericks on Sunday February 3<sup>rd</sup> at 2:30pm. Trip includes round trip transportation & staff chaperones from the City of Troy.

Fee: \$45.00

We will leave the Troy Community Center at 1:30pm and return approximately at 6:30pm. Please send along any necessary spending money for food or souvenirs.

Register by mail or in person at the:

Troy Community Center 3179 Livernois Troy MI 48083

Register for Activity #115302A
Please indicate if handicapped accessible seating is needed when registering.



# Overnight Trip to Splash Universe at Dundee MI February 10-11, 2008

Come and join us for a fun filled overnight trip to Holiday Inn Express and Splash Universe Water Park. This trip includes transportation in the City of Troy bus, one night stay at Holiday Inn Express Resort, chaperones, admission to resort indoor water park and a tour of Cabela's and all meals.

(Sunday dinner at resort, Monday morning continental breakfast at hotel, lunch at Applebee's in Dundee)

The cost is \$160.00 per person. Ask for activity #145345A.

The trip is open to all Friendship Club members 16 and older. The bus is lift-equipped. We reserve the right to return registrations of people we feel are inappropriate for this trip. Group homes that register must send staff with their clients at a 1-4 staff-client ratio. Volunteer chaperones are needed. Contact Elaine at 248-524-3484 if you are interested in volunteering for this trip.

The registration deadline is <u>Friday Jan. 25, 2008</u>; full payment must accompany your reservation. Indicate desired roommate(s), up to three, when you register, and we will attempt to honor these requests. There will be a \$50 cancellation fee after Jan. 25, 2008 unless we find someone to take your place. Those who register will receive additional information in early February.

#### **Itinerary**

<b>Monday Feb. 11, 2008</b>			
8:00am	Breakfast at resort		
9:00am	<b>Indoor Water Park</b>		
12:00pm	Exit water and prepare		
	to leave resort		
1:00pm	Lunch at Applebee's		
3:00pm	Tour Cabela's		
4:30pm	Depart for Troy		
6:00pm	Arrive Troy		
	8:00am 9:00am 12:00pm 1:00pm 3:00pm 4:30pm		

## January 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Happy New Year!	Performing Arts 7:00	3 Friendship Club 10am-3pm W. Watchers 6:15	4	S Bowling 11 am – 1 pm
6	7 Diners Club 6pm- 8:15pm	8 Basketball 6:30pm-8: 30pm	9 Performing Arts 7:00	10 Friendship Club 10am-3pm W. Watchers 6:15	11 Friday Frolic 7pm-9:30pm Deadline for registration Pistons game 115302A \$45.00	Bowling 11am-1pm
13	Movie and Pizza 6:30 – 8:30pm	Basketball 6:30pm-8:30pm	16	17 Friendship Club 10am-3pm W. Watchers 6:15	18	19 Bowling 11am-1pm
20	21	Basketball 6:30pm-8:30pm	23 Performing Arts 7:00	24 Friendship Club 10am-3pm W. Watchers 6:15	25 Deadline to register for Splash Universe trip 145345A	26 Bowling 11am-1pm
27	28 Bingo 7:00 - 8: 30 pm	29 Basketball 6:30pm-8: 30pm	30 Performing Arts 7:00	31 Friendship Club 10am-3pm W. Watchers 6:15		

## February 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	Bowling 11am-1pm
3 Piston Game 2:30pm vs. Dallas	4 Diner's Club 6pm-8:15pm	5 Basketball 6:30pm-8:30pm	6 Performing Arts 7:00	7 Friendship Club 10am-3pm W. Watchers 6:15	8 Friday Frolic 7pm-9:30pm	9 Bowling 11am-1pm
10 Splash Universe Trip departs 1pm	Movie and Pizza 6:30 - 8:30pm Splash Universe trip returns 6pm	12 Basketball 6:30pm-8:30pm	Performing Arts 7:00	14 Friendship Club 10am-3pm W. Watchers 6:15	15	16 Bowling 11am-1pm
17	18	Basketball 6:30pm-8:30pm	20	Friendship Club 10am-3pm W. Watchers 6:15	22	Bowling 11am-1pm
24	25 Bingo 7 - 8:30pm	26 Basketball 6:30pm-8:30pm	27 Performing Arts 7:00	28 Friendship Club 10am-3pm W. Watchers 6:15		1